

# COMMUNITY AGREEMENT

## ● BRING YOUR BEST SELF

- Be Present & Engage
- Show Up Prepared
- Embrace Growth
- Commit to Kindness

## ● VALUE THE PROCESS

- Try Something New
- Seek Out Feedback
- Do the Work
- Practice Makes Progress

## ● SUPPORT COLLABORATION & COMMUNICATION

- Respect Shared Resources
- Listen Actively to Peers
- Ask Rather than Assume
- Focus on Shared Successes

## ● EMBRACE INCLUSION

- Build Diverse Dialogues
- Nurture Connections with Empathy
- Cultivate a Culture of Solidarity
- Make Time & Space for Everyone

## ● CREATE BALANCE

- Monitor Your Wellbeing
- Find Your Rhythm
- Foster Healthy Habits
- Reflect & Recharge Regularly

DESIGN IS A PRACTICE, YOU'VE GOT THIS!